

## Comprehensive Curriculum

- **Work directly with physicians in a small-group setting**
- **Gain practical skills:**
  - **First aid, splinting, suturing, drawing blood & wound care**
- **Perform advanced procedures on real cadavers using state-of-the-art equipment:**
  - **Advanced life support: IV & intubation**
  - **Orthopedic surgery: arthroscopy & arthroplasty**
- **Examine the field of medicine from many perspectives:**
  - **Anesthesia, dermatology, medical device engineering, medical research, nursing, physical therapy, radiology, regenerative medicine, sports medicine, vascular surgery**
- **Learn about the medical school application process from current medical students**

“The kids received a medical school type experience that they likely wouldn't even get in college. It gave my daughter the ability to explore whether she would like to *really* be a doctor.”

- Tracy Welch, parent

“This program has been life-changing for students. Many of our attendees leave the camp excited about a career in medicine.”

- Marc Koch, MD



Program cost: \$6,500 USD

Commuter discount: \$6,000 USD

A limited number of partial need-based scholarships are available.

**Apply at [OFALS.org/Camp](https://ofals.org/Camp)**

Application Deadline:

**Monday, April 15, 2024**

Hosted at the  
Foundation's  
BioSkills Lab:

345 E. 37<sup>th</sup> St., #312  
New York, NY 10016

Please direct all  
questions to our  
office at:

+1 (203) 869-2002  
[jbahar@ofals.org](mailto:jbahar@ofals.org)



## Welcome

Since its inception, the Orthopaedic Foundation has always strived to prepare and inspire students to become the future of medicine. We believe in cultivating the same small-group, hands-on learning environment that physicians would encounter: working with real cadavers in a state-of-the-art facility using the latest surgical instruments and procedures.

Over the years, we have worked with and supported all kinds of students. Many are skeptical about pursuing a future in healthcare; others are nauseous at the sight of blood; some have been dreaming about becoming a physician for as long as they can remember. No matter your background, we invite you to join us for a week of exploration as we go beyond textbooks and lectures to train like a physician.

Janine D. Bahar  
Executive Director, Orthopaedic Foundation

## 2024 Manhattan Medical Immersion Camp

World-Class Hands-On  
Summer Program  
For Aspiring Physicians



SUNDAY, JULY 7, 2024 through  
SATURDAY, JULY 13, 2024

High school—Undergraduate



## Testimonials

*"I did not expect us to be working with cadavers every day. I loved how small of a group it was and how close I was able to get with the people in the program... I left the camp feeling more assured than ever that surgery is for me and I have not stopped talking about the experience since I got home."*

— Mary Cummings, student

*"The commitment of each of the doctors and speakers was really wonderful to see, as well as the diversity and range of areas of medicine covered. The program lived up to its name as an "immersive" experience."*

— Adam Stoltman, guardian

*"Being around so many doctors allowed for any of my questions to be answered... fully dissecting a real arm and leg gave me a lot of inspiration for what I'd like to research."*

— Trevor Wisdom, student

*"We have had an incredible week and I am so privileged to know that we have made a positive impact on these teens."*

— Chris Rish, Program Lead

## Sample Schedule

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:00		Breakfast					
8:30							
9:00		Vascular Surgery	Orthopedic Surgery I: Knee Arthroscopy	Radiology & Imaging: X-Ray, Ultrasound, Fluoroscopy, MRI	Orthopedic Surgery II: Total Knee Arthroplasty	Dermatology	
9:30							
10:00							
10:30							
11:00							Brunch
11:30							
12:00		Medical School Symposium	Lunch	Lunch	Lunch	Research Presentations	Parent Showcase: Shoulder Arthroscopy
12:30							
1:00		Regenerative Medicine: Shoulder Injections, Lipogems, PRP	Shoulder Scopes & Trauma	First Aid Certification	Research, Sports Medicine, Physical Therapy	Design a Medical Device	
1:30							
2:00							
2:30							
3:00				Muscle, Bone, & Joint Splinting	Medical Device Entrepreneurship	Nursing & Wound Care	Departures
3:30							
4:00	Arrivals	Suturing					
4:30							
5:00	Course Intro				Suturing, IV, Intubation		
5:30							
6:00	IV & Intubation	Downtime					
6:30							
7:00	Dinner	Dinner	Dinner	Dinner	Award Ceremony	Dinner	
7:30							

This schedule is intended to give you a general idea of what students will participate in during the course. Actual activities may vary.

