

Comprehensive Curriculum

TRAIN LIKE A PHYSICIAN

- ✓ Work directly with physicians in a small group setting
- ✓ Gain practical skills in instrument handling, suturing, and more
- ✓ Perform advanced procedures on real cadaveric tissue
- ✓ Advanced life support (IV & intubation)
- ✓ Orthopaedic surgery, arthroscopy & other specialties
- ✓ Examine the field of medicine from many perspectives
- ✓ Interactive discussions with doctors across disciplines
- ✓ Learn about the medical school application process

2027 Medical Immersion Program Dates

College Cohort

Winter Cohort

Program spans January 7th – 11th, 2027

Apply now! Deadline is November 21st, 2026

Summer Cohort

Program spans August 12th – 16th, 2027

Applications will open January 25th, 2027

High School Cohort

Summer Cohort

Program spans August 12th – 16th, 2027

Applications will open January 25th, 2027



MANHATTAN MEDICAL IMMERSION

A HANDS-ON EXPERIENCE
FOR ASPIRING HEALTHCARE PROFESSIONALS



Welcome to the Lab!

Since its inception, the Orthopaedic Foundation has strived to prepare and inspire students to become the future of medicine. We believe in a hands-on learning environment that exposes students to the same instruments, techniques, and real-world challenges that physicians encounter.

Each year, we work with medical professionals across multiple disciplines to provide an immersive experience that goes beyond textbooks and lectures. Many of our past participants have gone on to pursue careers in healthcare.

Janine D. Bahar

Executive Director, Orthopaedic Foundation

Our Facility

📍 Orthopaedic Foundation BioSkills Lab
345 E. 37th St., Suite 312, New York, NY 10016



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Testimonials

"The amount of hands-on work and time to really dissect and explore was amazing — it exceeded my expectations."

— Rhianen Eidelbaum, student

"I loved how small the group was and how much time we were able to spend working with the cadavers."

— Mary Cummings, student

"The commitment of each of the doctors and speakers was wonderful, as well as the diversity of areas of medicine covered."

— Adam Stotman, student

"This experience has been one of the best opportunities I've had academically and socially in the pursuit of my career."

— Alayna Michaels, student

Sample Schedule

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
8:00		Breakfast						
8:30								
9:00		Vascular Surgery	Orthopedic Surgery I: Knee Arthroscopy	Radiology & Imaging: X-Ray, Ultrasound, Fluoroscopy, MRI	Orthopedic Surgery II: Total Knee Arthroplasty	Dermatology		
9:30								
10:00								
10:30								
11:00								
11:30								
12:00		Medical School Symposium	Lunch			Research Presentations		Parent Showcase: Shoulder Arthroscopy
12:30								
1:00		Regenerative Medicine: Shoulder Injections, Lipogems, PRP	Shoulder Scopes & Trauma	First Aid Certification	Research, Sports Medicine, Physical Therapy	Design a Medical Device		Departures
1:30								
2:00								
2:30	Muscle, Bone, & Joint Splinting			Medical Device Entrepreneurship	Nursing & Wound Care			
3:00								
3:30								
4:00	Arrivals	Suturing						
4:30								
5:00	Course Intro							
5:30								
6:00	IV & Intubation	Downtime						
6:30								
7:00	Dinner				Award Ceremony	Dinner		
7:30								

This schedule is intended to give you a general idea of what students will participate in during the course. Actual activities may vary.

For any questions, contact: vsava@ofals.org

Find more information and application materials at:
<https://manhattanmedicalcadavercamp.com/>

