

# Comprehensive Curriculum

- Work directly with physicians in a small group setting
- Gain practical skills:
  - First aid, splinting, suturing, drawing blood & wound care
- Perform advanced procedures on real cadavers using state-of-the-art equipment:
  - Advanced life support: IV & intubation
  - Orthopedic surgery: arthroscopy & arthroplasty
- Examine the field of medicine from many perspectives:
  - Anesthesia, dermatology, medical device engineering, medical research, nursing, physical therapy, radiology, regenerative medicine, sports medicine, vascular surgery
- Learn about the medical school application process from current medical students

*The Manhattan Medical Immersion Camp stood out to our family in all aspects. Being able to explore and work on real cadavers and examine different medical fields by working with physicians side by side were the two highlights of the program. Not to mention the caring and engaged staff was the cherry on top!*

- Ryoko Toake

*"This program has been life-changing for students. Many of our attendees leave the camp excited about a career in medicine."*

- Marc Koch, MD



A limited number of partial need-based scholarships are available.

**Application Deadline:**  
**Friday, May 30, 2025**

For all questions contact:  
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## 2025 Manhattan Medical Immersion College Cohort

*World-Class Hands-On Winter Program For Aspiring Physicians*

**Friday, August 15, 2025 through  
Tuesday, August 19, 2025**

*Undergraduate*

# Welcome to the Lab

Since its inception, the Orthopaedic Foundation has always strived to prepare and inspire students to become the future of medicine. We believe in cultivating the same small-group, hands-on learning environment that physicians would encounter: working with real cadavers in a state-of-the-art facility using the latest surgical instruments and procedures.

Over the years, we have worked with and supported all kinds of students. Many are skeptical about pursuing a future in healthcare; others are nauseous at the sight of blood; some have been dreaming about becoming a physician for as long as they can remember. No matter your background, we invite you to join us for a week of exploration as we go beyond textbooks and lectures to train like a physician.

Janine D. Bahar  
Executive Director, Orthopaedic Foundation



# Testimonials

*"I liked the focus on being confident in what we were doing—both before and while interacting with the cadaver."*

- Tori Adams, student

*"I did not expect us to be working with cadavers every day. I loved how small of a group it was and how close I was able to get with the people in the program... I left the camp feeling more assured than ever that surgery is for me and I have not stopped talking about the experience since I got home."*

- Mary Cummings, student

*"The commitment of each of the doctors and speakers was really wonderful to see, as well as the diversity and range of areas of medicine covered. The program lived up to its name as an "immersive" experience."*

- Adam Stoltman

*"I was anticipating merely a few operations—possibly not even done by us, but rather in observation—on a cadaver every once in a while during the program. However, the camp far exceeded this expectation and I'm glad it did."*

- Patrick Gunn, student

# Sample Schedule

	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY
8:00		Breakfast			
8:30					
9:00		Vascular Surgery	Orthopedic Surgery I: Knee Arthroscopy	Radiology & Imaging: X-Ray, Ultrasound, Fluoroscopy, MRI	Orthopedic Surgery II: Total Knee Arthroplasty
9:30					
10:00					
10:30					
11:00					
11:30		Medical School Symposium	Lunch	Lunch	Lunch
12:00					
12:30		Regenerative Medicine: Shoulder Injections, Lipogems, PRP	Shoulder Scopes & Trauma	Dermatology	Research, Sports Medicine, Physical Therapy
1:00					
1:30					
2:00				Cadaver Head Section	Medical Device Entrepreneurship
2:30					
3:00					
3:30	Arrivals	Suturing	BioBrace Demo Surgery ACL/AC	Cadaver Head Section	Medical Device Entrepreneurship
4:00					
4:30	Course Intro				
5:00					
5:30					
6:00	IV & Intubation	Downtime			
6:30					
7:00	Dinner @Lab	Dinner	Dinner	Dinner	Dinner
7:30					
8:00	Suturing	Downtime			

\*\* This schedule is intended to give you a general idea of what students will participate in during the course. Actual activities may vary.

The Orthopaedic Foundation would like to thank ZetrOZ Systems for underwriting the scholarship funds

